

# Impact of Alzheimer's disease reaches beyond the elderly

Longevity is one of the biggest risk factors for Alzheimer's disease. The expectation is that the prevalence of Alzheimer's will escalate rapidly as baby boomers age into their 70s, 80s and 90s. Learn about the impact of Alzheimer's disease and understand the value of planning ahead.

## Alzheimer's is a degenerative brain disease<sup>1</sup>

**5.7 million Americans**  
have the disease



Every **65 seconds**, an individual is **diagnosed** with Alzheimer's

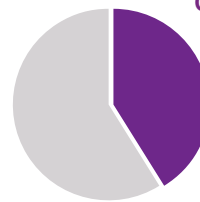
Projected to grow to **14 million by 2050**

It is **6th LEADING** → CAUSE OF → **DEATH**  
In the United States



It has **no cure** and there are **no survivors**

## Alzheimer's is the most common cause of dementia



**60%–80%**  
of dementia is caused by Alzheimer's<sup>2</sup>

## There are 10 signs of Alzheimer's disease.<sup>3</sup>

**Most commonly**, patients experience a decline in:

- Memory
- Language
- Problem solving
- Other cognitive skills

**4–8 years**

The average years an Alzheimer's patient lives after being diagnosed<sup>4</sup>

**16.1 million Americans**



provide unpaid care for people with Alzheimer's or other dementias<sup>5</sup>



These caregivers provided an estimated

**18.4 BILLION HOURS** of care valued at over **\$232 BILLION<sup>5</sup>**



## The value of planning ahead

- Plan for your financing of this care before potential signs of dementia occur
- Learn what types of care you may prefer
- Avoid emotional and crisis decision making
- Exercise foresight regarding family care

**Learn more about brain health and early detection of Alzheimer's at ALZ.org**

- <sup>1</sup> Alzheimer's Association, "2018 Alzheimer's Disease Facts and Figures," *Alzheimer's & Dementia*, <https://www.alz.org/media/HomeOffice/Facts%20and%20Figures/facts-and-figures.pdf>, 2018.
- <sup>2</sup> Alzheimer's Association, "What Is Alzheimer's?" *alz.org*, [http://www.alz.org/alzheimers\\_disease\\_what\\_is\\_alzheimers.asp](http://www.alz.org/alzheimers_disease_what_is_alzheimers.asp), 2017.
- <sup>3</sup> Alzheimer's Association, "10 Early Signs and Symptoms of Alzheimer's," *alz.org*, [https://www.alz.org/alzheimers-dementia/10\\_signs](https://www.alz.org/alzheimers-dementia/10_signs), 2018.
- <sup>4</sup> Alzheimers.net, "Alzheimer's Statistics," <https://www.alzheimers.net/resources/alzheimers-statistics/>, 2017.
- <sup>5</sup> Alzheimer's Association, "2018 Alzheimer's Disease Facts and Figures," *alz.org*, <https://www.alz.org/media/Documents/alzheimers-facts-and-figures-infographic.pdf>, 2018.

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